

Blowing Bubbles



This game is good for:

Whole hand grasping

Holding

Reaching

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>

It is also good for working towards supination (forearm movements) through holding the bubbles container in the helper hand.

Blowing bubbles is lots of fun – your child will need to hold the bottle steady with one hand while he/she uses the other to hold the wand to blow bubbles.

You could take a turn blowing the bubbles and ask your child to catch them between his/her two hands.

He/she might need to make a big reach to catch the bubbles, up high or out to the side.

Try blowing them to your child's helper hand side to encourage him/her to use that hand.



Have fun!

